

Learn

Enjoy Flourish



Pepperberry Day Nurseries

Pepperberry Day Nursery
Monthly Newsletter
January 2019

Message from the Management



We have had a very busy start to 2019. We celebrated national dress your pet week with a visit from Ashlee's pets. We had a visit from two bearded dragons called Toothless and Reddington, Ted the tortoise and Draco the snake. The creatures were all very popular with the children who observed them, touched them and even held them.

We celebrated Burns night which is the celebration of the life and poetry of the poet Robert Burns from Scotland. The children and staff across the nursery tasted Haggis pie which consisted of haggis, carrot and turnip mash and mashed potato on the top. The children across the nursery also took part in making the Saltire (the flag of Scotland) listening to Robert Burns poetry and many other creative activities. Along with Rhythm Time class, we have been celebrating the very first National Early Years Music Week. We have been listening to and experiencing different music from across the world. Rhythm Time class have been exploring different musical instruments. Our very own practitioner Joanna, has been playing her guitar in the different rooms across the nursery.

Chef Matthew has been doing his weekly cooking class with a different room each week. He has been doing a variety of different dishes with the children this month ie Tuna Muffin Melts, Granola Pots, Tomato and Herb mini pizza to name a few. When the children take part in Chef Matthews cookery class, they will bring home to food that they have made, a certificate along with the printed recipe to enable you to make this at home with your little one.

Lastly, we are very proud to announce that we have this month we have been awarded the **Millie's Mark Award**, England's Gold Standard in Paediatric First Aid. Achieving Millie's Mark Award demonstrates our commitment to going above and beyond the minimum requirements for keeping children safe. It shows that all Pepperberry's staff are working directly with children not only hold a paediatric first aid certificate but that they are also competent in how to apply this in practice. Achieving Millie's Mark shows we have the correct procedures and documentation in place and we hope this will give you, our parents that greater reassurance.

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**Introducing a Member of our Team -
Jamie-Leigh Steels - Baby Peppers**



My name is Jamie-Leigh and I have recently joined the Pepperberry team. I am an Early Years Practitioner in Baby Peppers.

I am an Early Years Practitioner and have completed my Level 3. I really enjoy spending time with my family and friends and shopping. I am looking forward to working with the great team at Pepperberry Day Nursery to help provide a safe and happy environment for the children to grow.

Important Messages and Key Dates for Diary

Chinese New Year – Year of the Pig – We shall be celebrating Chinese New Year with creative activities, ie lanterns, lucky money envelopes, food tasting etc. We shall also have a Chinese Banquet Tea.

Valentine's Day – Thursday 14th February – we shall be celebrating Valentine's Day by making/decorating cards and having a party tea.

Parent's Assembly – Friday 15th February – We invite all Preschool parents/carers to our parent's assembly to look at the amazing work that the children have been doing in the past few weeks, you are also invited to stay and play for a short while following the assembly.



Brought to you by
our very own Chef
Matthew

Recipe of the Month: Chinese Chicken Fried

Ingredients:

- 2 tbsp vegetable oil
- 1 pound boneless chicken
- 1 ½ cups of peas and carrots
- 3 onions sliced
- 2 to 3 garlic cloves
- 4 cups of cooked rice
- 1 tsp Chinese five spice

Instructions:

1. Add the chicken, oils and Chinese five spice to a pan for 3 – 4 minutes, browning the chicken
2. Add the peas and carrots and simmer for 2 minutes
3. Add the garlic and cook for 1 minute
4. Pour over the rice and serve

Baby Peppers

This month in baby peppers we have been doing lots of activities based on our theme transport and we have been looking at the book 'things that go'. The babies have been exploring paint by making their own buses, they used paint brushes to make marks and hands and fingers to mix the paint together. This allowed the children to explore the texture of the paint. We have also been exploring making marks in the shaving foam with cars and other vehicles and hunting for them in shredded paper. We have been exploring snow outside and snow in our tuff tray inside. Our topic next month is weather and our rhyme of the month is Incy Wincy spider. Our book of the month is Molly and the storm.

Tiny Peppers

This month Tiny Peppers have been looking at different types of animals. We have been focussing on activities around 'Owl babies' and exploring tuff trays with lots of nature resources whilst experiencing the different textures and smells of the natural resources. We have also enjoyed counting songs and singing Hickory Dickory Dock and other number songs. We enjoyed mark making and making our own owls and mouse for our display boards and to take home. We have learnt a lot of new words such as 'mummy owl' and 'snow'. Tiny Peppers children have been baking biscuits and making Granola and fruit yoghurt pots with Chef Matthew.

Next month our book of the month will be The Hungry caterpillar and our song will be pat-a-cake. We are excited to explore food.

Sweet Peppers

In sweet peppers this month we have been focusing on the story of "goldilocks and the three little bears", we created some bears decorating them with coco powder, rice and cinnamon, we decorated the 3 bears house using brown paint and sponges dipping the sponges into the paint then onto the house cut out. Some of sweet peppers children went on a trip to Sainsburys to buy some ingredients to make porridge. When we got back to nursery, we mixed the porridge oats with water and had our own choice of toppings such as berries, jam and banana. We then tasted it, it was yummy. The rhyme that we have been singing is "baa baa black sheep", all of sweet peppers created a sheep using cotton wool. We used tissue paper for the master, the dame and the little boy, within our rhyme. Next month our rhyme will be Twinkle Twinkle little star and our book of the month will be Peace at Last.

Chilli Peppers

This month Chilli Peppers have been focusing on healthy eating linking in with our book of the month 'the hungry caterpillar. We looked at each food the caterpillar ate. We created our very own caterpillars using potatoes to dip into the paint and print onto the paper. We enjoyed some fruit and vegetable tasting like the hungry caterpillar. We also looked at the life cycle of a butterfly. We enjoyed having a party tea with jelly, cake and biscuits! We decorated some biscuits with green food colouring. We have also been focusing on the number '1' and the letter 's'. We have been baking Tuna and Cheese melts with Chef Matthew. Next month our book of the month will be the Scarecrows Wedding and our letter sound of the month will be 'A a'. We are looking at number 2.

Grand Peppers (Preschool 1)

Our topic this month has been all about me. The children have been exploring mixing colours and making patterns like the elephants in the book Elmer. We also had our first parent's assembly of the New Year. Preschool 1 displayed their self-portraits and some of their writing books where they have been practicing to write their name and the letter of the month 'P'. We have also been baking this month with Chef Matthew and have made rice crispie cakes and tuna melts. This last week of January we have been looking at music from across the world and had a highland dance lesson with Becca.

Preschool 2 Peppers

This month preschool 2 have been reading Elmer, the children looked at mixing colours, making patterns and role playing being elephants! We have also been exploring how we are all unique: we have painted and printed our fingerprints, painted self-portraits and talked about how we are similar or different from each other. This month we have celebrated Burns night by tasting haggis and creating tartan patterns. In the final week preschool have explored different world music, we began with Scotland and made Scottish flags and kilts and tried highland dancing, then Kyrstie shared her childhood memories with us as we danced through Japan, on Wednesday we Salsa'd through Spain, on Thursday we made Henna patterns in India and on Friday we had fun pretending to be nesting dolls as we played our music in Russia!

Baking with Chef Matthew



Contact Pepperberry Day Nursery
Phone: 01625 419 509

kathrynevans@pbnurseries.com
admin@pbnurseries.com

Extra notes:

We have had a very busy January with our New Year celebrations in the nursery. Welcome to our new families who have joined the nursery in January. We have celebrated dress up your pet day and had a visit from different animals and reptiles all of which are pets of Ashlee's our Deputy Manager. She brought in two bearded dragons, a tortoise and a snake. The children all loved looking at, touching and even holding the creatures. We talked about the things that they eat, where they sleep and lots more. This was a super experience for the children. Thank you Ashlee for bringing them in for the children to experience.

Policy of the Month: Accidents and First Aid Policy

At Pepperberry Day Nursery we aim to protect children at all times. We recognise that accidents or incidents may sometimes occur. We follow this policy and procedure to ensure all parties are supported and cared for when accidents or incidents happen; and that the circumstances of the accident or incident are reviewed with a view to minimising any future risks

The person responsible for reporting accidents, incidents or near misses is the member of staff who saw the incident or was first to find the child where there are no witnesses. They must record it on an Accident Form and report it to the nursery manager/deputy manager. Other staff who have witnessed the accident may also countersign the form and, in more serious cases, provide a statement. This should be done as soon as the accident is dealt with, whilst the details are still clearly remembered. Parents must be shown the Accident Report, informed of any first aid treatment given and asked to sign it as soon as they collect their child

The deputy nursery manager reviews the accident forms daily and a report is produced weekly for patterns, e.g. one child having a repeated number of accidents, a particular area in the nursery or a particular time of the day when most accidents happen. Any patterns will be investigated by the nursery manager and all necessary steps to reduce risks are put in place

Where medical attention is required, a senior member of staff will notify the parent(s) as soon as possible whilst caring for the child appropriately

First aid

The first aid boxes are located in every room. These are accessible at all times with appropriate content for use with children. The appointed person responsible for first aid checks the contents of the boxes regularly and replaces items that have been used or are out of date. The staff first aid box is kept in the manager's office. This is kept out of reach of the children.

All the staff are trained in paediatric first aid within their first 3 months of employment and this training is updated every three years. All first aid trained staff are listed in every room. When children are taken on an outing away from our nursery, we will always ensure they are accompanied by at least one member of staff who is trained in first aid. A first aid box is taken on all outings.



Photos

