

1st September 2019

Dear parents,

As you know we send out at the beginning of the year a full list of extra-curricular activities and events that we have planned for our little ones. In addition to this we remind our parents regularly via emails and monthly newsletters regarding the upcoming events as we often add extra-curricular activities based on the topics used by our practitioners to plan for our children, as well as ideas and suggestions that result from our very meticulous reflective practice of the service we provide. With this in mind, due to our oldest children from preschool having now made their transition to school, and a new group of children having now made their transitions into our preschool rooms, we feel it is important to add an extra-curricular activity regarding Dental Hygiene and Healthy eating for our new pre-schoolers.

We are all aware that a lifetime of decent dental hygiene is best started as young as possible, and that the earlier children are introduced to good habits and the sooner they learn which foods are good for them, the better. As an early years setting we take pride in this and try to play a part in this through taking every opportunity to teach the children about healthy eating and ensuring they understand the importance of hygiene from an early age through the daily routines the nursery has put in place as well as the varied activities and topics the practitioners plan and deliver for our little ones.

We are therefore excited to inform you that yet again **Wacky Woody's Smiley Teeth Magic Show** will be back at Pepperberry and will be delivering a session for both our preschool rooms. This extra-curricular activity has been booked for **Tuesday 24th September**. Please note this activity is only for the children who attend **preschool 1 and preschool 2** during this day due to the limited number of children we can have for these sessions and the age required.

This fun show delivers the message that dental hygiene and a healthy diet are crucial, as well as promoting the message that a visit to the dentist is a positive experience. As we have seen in the previous visits (and perhaps some of you have seen observations of this via the Eylog if you had children in at the time or have seen this on our Facebook page) the show does this in a fun way, mixing magic, comedy and audience participation to drive home these important positive health messages.

Kind regards,
Olimpia

Miss Olimpia Malaescu
Director of Operations