



Message from the Management Team

Welcome to this month's newsletter!

We've had a busy May with lots of activities and celebrations to welcome in the sunny weather. There have been lots of different tuff trays across the nursery rooms. These use different sensory materials to enable the children to explore using their senses of touch and smell. We also learnt about bees for national bee day and made our own bees to decorate our rooms. Nurses Day let us celebrate all the nurses across the UK and give thanks for all they do for us. The children did everything from colouring in pictures to learning how to put their friends in the recovery position!

It was lovely to see parents back in nursery for parents evening, both nights were a great success with lots of fantastic progress to be pleased about.

The Pre-School children also took part in a scooter race - which encouraged healthy competition and sports-person like behaviour - where they cheered all their friends on in a succession of races.

Many of the children have been out into the community and we plan to see more of the children going on small trips into the community in the coming weeks.

There have been many improvements towards the nursery development plan within the rooms and the outside play area. This will continue over the bank holiday weekend.

We have also celebrated the Queen's platinum jubilee across the nursery over the past week. This culminates with a tea party for the children on Wednesday afternoon before everyone goes home in preparation for the real celebrations.

We have lots planned for next month with several trips on the horizon. Sweet Peppers, Chilli Peppers, and Preschool Peppers 1 & 2 are all booked and ready to go. Please keep an eye open for emails reminding you of the dates, it will be lovely for any parents who can help as volunteers.

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Introducing: Hristina Mihova



"My first week at Pepperberry has been great. I'd like to thank all the staff members for making me feel so welcome. The children in Tiny Peppers have been wonderful and we've had a great time playing and learning together."

Important Messages and Key Dates for Diary

The weather is turning beautiful but make sure your little ones are protected from the sun when they play outside. Sunhats, sun cream and sunny smiles!

Thurs 2nd June – Bank Holiday (Nursery Closed)
Fri 3rd June – Bank Holiday (Nursery Closed)

Wed 8th June – World Ocean Day

Mon 13th June – Healthy Eating Week
Fri 17th June – Sweet Peppers Trip to Wheelock Farm

Sun 19th June – Father's Day

Mon 20th June – TOFS charity fundraiser starts
Tues 21st June – World Music Day

Wed 22nd June – Pre School 1&2 Trip to Wheelock Farm

Fri 24th June – Chilli Peppers Trip to Sea Life Centre
Sat 25th June – Summer Fair

Brought to you by
Chef Alison



Recipe of the Month: Kedgeree

Ingredients: Serves 4

- 400g smoked haddock, mackerel or flaked salmon.
- 300ml milk (to poach fish)
- 2 hard boiled eggs, roughly chopped
- 60g butter/marg
- 1 chopped onion
- 2tbsp curry powder
- 200g long grain rice
- 1 litre stock
- 1 bunch of fresh parsley

Instructions: If using raw fish, poach it in milk for approx. 6 mins. Flake the fish being used, taking care to remove any bones. Melt the butter/marg in a pan and cook onion for 5 minutes, add the curry powder, cook for another 2 minutes.

Add the rice to the pan, add the stock and boil until the rice is cooked and the liquid absorbed. Stir occasionally.

Place Kedgeree in a serving dish and decorate with chopped egg and parsley.

Baby Peppers

Baby Peppers have been busy exploring the rhyme row, row, row your boat this month. We have enjoyed making our own boats and exploring objects that sink and float. We have also enjoyed boat and blue themed tuff trays. Baby Peppers have enjoyed colouring in pictures to celebrate international nurses day and enjoyed singing transport songs. We have also started to celebrate the Jubilee by making our own crowns and flags. Next Month in baby peppers we will be exploring Under the Sea!

Tiny Peppers

This month in Tiny Peppers we have been focusing on healthy eating, we have enjoyed trying new fruits and vegetables, looking at the different shapes and sizes and smelling the different smells. The children have had so much fun planting their own seeds, we are now just waiting to see if they will grow into our bean stalks. The children have been using the fruits to create some wonderful art pictures, they have been putting the fruits into the paints and stamping them onto paper using lots of different colours.

Sweet Peppers

This month in Sweet Peppers we have been looking at *3 Little Men and Room on the Broom* as part of our Literacy and Expressive Arts focus. First, the children decorated alien spaceships using glitter, glue and pom poms before colouring in pictures of witches on broomsticks using the colours of their choice. Sweet Peppers have also been exploring different textures during messy tuff tray activities. We have used shaving foam, corn flour, spaghetti pasta, water and flour and all the children got really stick in, exploring the textures with their hands. We celebrated World Bumblebee Day by creating a bumblebee themed tuff tray and colouring and decorating our very own bumblebees. Outside in the garden, Sweet Peppers have been busy making mud pies while sharing and taking turns with the equipment. And finally, Sweet Peppers have been waving the flag for Patriotism by making and decorating their own crowns in support of the Queen's Platinum Jubilee and, once the parade was over, they enjoyed a lovely tea party to celebrate. How delightful!

Chilli Peppers

This month in Chilli Peppers we have been looking at holidays. We chose this topic because we have all recently been on a holiday and have looked talking to our friends about it. In our first week we learnt all the different ways in which we can travel on holiday (car, train, plane, boat) and looked at pictures of where we had been. In the second week we spoke about where we stay on holiday whether it be a hotel, caravan, tent or lodge. In the third week we created our own passports and spoke about everything we needed to pack in our suitcases ready for the holiday such as sun cream, swimming clothes, toys and a hat. In the last week we spoke about all the different activities we have all got up to on holiday. The favourite activities were going in the swimming pool and going to the beach to build sandcastles.

We have also enjoyed learning about the Queen's Jubilee and her birthday. We have made some lovely crowns, bunting and done lots of drawing to show our families.

In June we will be learning about life under the sea and we are so excited for our trip to the Sea Life centre!

Pre School 1 & 2

This month has been a very busy one in our Pre-School 2 room. We have celebrated many different days in this calendar month including National Nurses Day, National Families Day and the Queen's Platinum Jubilee.

For National Nurses Day we have learnt about who nurses are and what they do. The children did an amazing job at learning what the recovery position is and when it is necessary to carry it out. We practiced how to do the recovery position on each other and the children were all brilliant at doing so! Furthermore, we learnt the number we need to dial in emergencies. The children made mobile phones and wrote 999 on them and practiced doing calls through role play. I think the children will now be great in emergencies.

Towards the middle of this month, we celebrated National families Day. From this, many of the children brought in pictures of their families from the past. We then learnt about what families can look like in the present and we then compared them to the past. Preschool were so fascinated that the children looked after their elder family. They naturally compared their own family to each other's and learnt a lot in the process.

Finally, at the end of the month we celebrated the Queen's Platinum Jubilee! I think that preschool enjoyed celebrating his day the most, by far, compared with the other celebrations we did this month. We learnt about who the Queen is and her very important job. What the jubilee is and how it will be celebrated nationally. The activities that the children have undertaken were influenced by their own interests and hobbies. We baked cupcakes, made crown jewels using a variety of materials, explored messy tuff trays incorporating the Union Jack, completed math's tables that used resources all about the Queen and made bunting and decorations for our room. Finally, we had a party in celebration of the Queen and we enjoyed many delicious treats and well known national cuisine.



Policy of the month:

Safe Sleep Policy

At Pepperberry Day Nursery we aim to ensure that all children have enough sleep to support their development and natural sleeping rhythms in a safe environment.

The safety of babies' sleeping is paramount. Our policy follows the advice provided by The Cot Death Society and Lullaby Trust to minimise the risk of Sudden Infant Death.

We make sure that:

- Babies are placed on their backs to sleep, if a baby has rolled onto their tummy, we turn them onto their back again unless they are able to roll from back to front and back again, on their own, in which case we enable them to find their own position
- Babies/toddlers are never put down to sleep with a bottle to self-feed
- Babies/toddlers are monitored visually when sleeping looking for the rise and fall of the chest and if the sleep position has changed
- Checks are recorded every 10 minutes and as good practice we monitor babies under six months or a new baby sleeping during the first few weeks every five minutes until we are familiar with the child and their sleeping routines, to offer reassurance to them and families.
- Babies/ children are never left to sleep in a separate sleep room without staff supervision at any time.

